

COURSE OUTLINE

COURSE TITLE: Cosmetology Practices (24 hours)

COURSE GOALS:

To review principles, practices and theories of hair coloring, sanitation and skin care.

COURSE OUTLINE:

TOPIC 1:Color Theory (6 hours)

Outline

- The Level System
- The Law of Color
- The Color Wheel
- Hair Color Product Formulations
- Oxidative Hair Coloring Products
- Non-oxidative Hair Coloring Products
- Permanent Hair Coloring Products
- Temporary Hair Coloring Products
- Patch Testing
- Developers

Learning objectives:

After completing this lesson you will be able to:

- define hair porosity and describe the porosity test
- define hair texture and the various types
- identify pigmentation and the various types
- describe the meaning of tonal values
- identify the level system, the level system chart and it's values
- describe properties of the color wheel
- define primary, secondary, tertiary and complementary colors
- identify the 2 classifications of oxidative hair coloring products
- identify the 2 classifications of non-oxidative hair coloring products
- describe temporary and semi-permanent products
- identify key facts of permanent hair coloring products
- identify key facts of demi-permanent hair coloring products
- describe the importance and purpose of a patch test
- identify the purpose of developers

TOPIC 2:Color Applications (6 hours)

Outline

- Hair Lightening and Decolorization
- Preliminary Strand Test
- Permanent Hair Coloring Products
- Single-process Hair Coloring Application
- Single-process Retouch

- Semi-permanent Hair Coloring Application
- Trouble-shooting
- Baliage Free-hand Application

Learning objectives:

After completing this lesson you will be able to:

- describe the process of decolorization, the decolorization chart and it's values
- define contributing pigment
- describe the contributing pigment chart and it's values
- define the purpose and application procedures for a preliminary strand test
- identify the purpose and application procedures for single-process hair coloring
- describe the purpose and list application procedures of a single-process retouch
- describe the purpose and application procedures of semi-permanent hair coloring
- describe baliage free-hand hair coloring
- define the purpose and procedures for temporary hair coloring applications

TOPIC 3: Sanitation and Health *8'j qwtu+

Outline

Sanitation, Disinfection, and Sterilization
 EPA Universal Sanitation
 Hand-washing
 MRSA (Methicillin-Resistant Staphylococcus Aureus)

Learning objectives:

After completing this lesson you will be able to:

- explain the 3 levels of sanitation
- identify sanitation procedures
- describe the frequency of each type of sanitation procedure
- identify general salon requirements
- identify general sanitation
- describe proper care of salon products
- describe sanitary product usage
- identify methods of cleaning
- identify methods of storing cleaned implements
- describe procedures for blood contaminated items
- explain important elements of EPA standards regarding disinfectants
- list the types of diseases that hand-washing can prevent
- describe effective hand-washing techniques
- compare alcohol gels to hand-washing
- describe pathogen transmission

- define and explain the types of dermatitis associated with hand-washing
- describe facts about MRSA that were discovered through scientific research

TOPIC 4: Occupational Safety and Health Administration Standards *8] qwtu+ Outline

- OSHA Standards
- MSDS (Material Safety Data Sheets)
- HAZCOM (Hazard Communication Standard)
- OSHA News Release (Hazardous Chemical Discovery Public Notice)

Learning objectives:

After completing this lesson you will be able to:

- explain how chemicals must be labeled
- define MSDS
- identify facts that are included on a Material Safety Data Sheet
- explain the purpose and importance of HAZCOM
- describe the purpose of an OSHA News Release

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U.S Food and Drug Administration: www.fda.gov * 10903 New Hampshire Ave Silver Spring, MD=20993-0002 * 1-888-INFO-FDA

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